

HAND2HAND FOOD LIST

BREAKFAST

Individual boxed cereal
Oatmeal packets
PopTarts
Applesauce cups
GoGo Squeeze Yogurt

LUNCH/DINNER

Knorr Alfredo Noodle Packet
Knorr Mexican Rice Packet
1lb dry spaghetti
1lb dry white rice
Boxed scalloped potatoes
Cheesy Tuna Helper
Mac and Cheese
Fruit cups
Peanut butter (15-16 oz)
Strawberry or grape jelly (plastic jar)
Condensed chicken noodle soup

100% Juice boxes

Resealable quart bags
Resealable sandwich bags
NEW bulk plastic grocery bags - Sam's Club

SNACKS

Granola bars
Trail Mix (individual packs)
Fruit snacks
Teddy Grahams (individual bags)
Fish crackers (individual bags)
Microwave popcorn
Rice Krispie treats
Short Slim Jims

Canned vegetables:

Corn
Cut green beans
Black beans
Green peas
Tomatoes with onion
and green chiles

Canned beef stew or chunky beef
soup

Cheese pizza kits (Chef
Boyardee)
Pancake mix
Pancake syrup (small plastic
bottles)